

EAP Services

Assessment & Referral Services for:
Stress Reduction ...
Individual & Group Counseling ...
Marriage Counseling ...
Family/parenting Issues ...
Alcohol/Drug Treatment...
Other ...
Brief Consultation to Supervisors ...
330-375-2984 ext3210

Traumatic Experience On The Job...

Injury...
Fatality ...
Terrible accident ...
Severe child abuse ...
Emotionally tough to handle ...

**Call to discuss the incident
as soon as possible:
330-375-2984 ext3210**

Avoid post-traumatic stress through
the "debriefing" process.



Counseling Services and Alcoholism Division

Ron Zumpano, M.Ed., LICDC, LPC-S, OCPS I,
Division Director

EAP Counselor and Acting Coordinator

Norman R. Jentner, Ph.D.
Psychologist
- By Appointment Only -

**Call Dr. Jentner if you have any ques-
tions on your Employee Assistance
Program.**

(330) 376-2984 ext3210

Visit our web site at:
www.ci.akron.oh.us/Health04/index.html

Akron City Health Department

A Teaching Health Department associated with the
Northeastern Ohio Universities College of Medicine

County of Summit



Phone: 330-375-2960

E-mail: health@ci.akron.oh.us

Web: www.ci.akron.oh.us/Health04/index.html

The Akron Health Commission

George Goldman, M.D., Richard Neal, Laraine
Duncan, John Fiume, Tracy Carter

Mayor

Don L. Plusquellic

Revised 6-12-08

Director of Public Health

J. Michael Moser, M.D., M.P.H.

EMPLOYEE ASSISTANCE PROGRAM



Akron City Health Department



A Commitment to Healthy Living

Problems? ...

Everyone has them...

Most problems are normal...

Work and family stress...

Financial worries...

Relating and communicating...

Social pressures...

All take their toll.



The Akron Health Department provides assessment, brief counseling, and professional referral for any additional helpful services to assist City of Akron Employees and their eligible dependents.

Confidential...

Free of cost...

Experienced professionals...

Release time for employees...

330-375-2984 ext3210

Solution? ...

We all struggle through a variety of mental and emotional conflicts in the course of living.

Most people try to handle their own problems.

When that doesn't work, all too often people wait too long before they ask for help.

It usually gets worse...

If things are getting to you,
or getting you down...

If you can't figure out
what might be done...

Help begins
with a simple phone call...

It's confidential.

**Call today for help:
330-375-2984 ext3210**

Alcohol/Drugs? ...

With a simple phone call, you can refer yourself.

330-375-2984 ext3210

You are not alone...

Drinking is a source of trouble in one of three American families (latest Gallup poll).

Drugs, illegal or prescription, can cause problems in all areas of life.

Alcohol, marijuana, prescription drugs, and cocaine are the most frequently abused substances.

There are solutions to problems. Everyone needs assistance at some time.

